

**Texas Commission on Fire Protection
Health and Wellness Committee Meeting
October 23, 2025 Meeting Minutes**

Member Attendance:

Doug Boeker	Ashley Watson	Brian O'Neil	Michael Anderson
Homer Salinas	Adam Story	Jason Corthell	Michael Mire*
Daniel DeYear	Steven Green	Chris Kahl	

*Excused absence

Staff Attendance:

Mike Wisko	Frank King	Yazzy Chavez	Holden Wenger
Grace Wilson	Piyush Manglani		

1. Call to order - Presiding Officer Doug Boeker called the October 23, 2025 meeting of the Texas Commission on Fire Protection (TCFP) Health and Wellness Committee meeting to order at 10:02 a.m. at the North Lamar Boulevard Building, 4800 North Lamar Boulevard, Room 140, Austin, Texas.

2. Roll Call and excuse of absences, if any, of committee members – Doug Boeker called roll, and a quorum was present. A motion was made by Adam Story and seconded by Daniel DeYear to declare an excused absence for Michael Mire. The motion carried.

3. Adoption of the July 17, 2025 and the January 16, 2025 Health and Wellness Committee meeting minutes – a motion was made by Michael Anderson and seconded by Adam Story to approve the July 17, 2025 and January 16, 2025 meeting minutes. The motion carried.

4. Status updates and progress reports from assigned project work groups:
 - a. Sleep – Brian O'Neill provided an update on sleep-related health issues.
 - b. Nutrition – Ashley Watson reported on educational initiatives.
 - c. Cardiac Health – Doug Boeker shared outreach strategies focused on reducing cardiac-related risks in the fire service.
 - d. Hormones Report – Ashley Watson presented updates on hormone health.
 - e. Fitness – Chris Kahl discussed current progress in defining and promoting functional fitness standards.

- f. Mental Health – Jason Corthell and Adam Story gave an overview to address firefighter mental wellness.
 - g. Cancer report – Homer Salinas reported on the Texas Firefighter Cancer Study.
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5. Update from the Agency Chief - Agency Chief Wisko gave a brief report. No action was taken.

6. Discussion and possible action on enhancing fire fighter survivorship resources – a motion was made by Adam Story and seconded by Homer Salinas to table this item. The motion carried.

7. Discussion and possible action related to an update on the HHSC Committee’s work pursuant to HB 1639 on increased incidence of cancer in female firefighters – a brief report was given. No action was taken.

8. Discussion and possible action related to HB 198 regarding periodic occupational cancer screenings for firefighters – a motion was made by Doug Boeker and seconded by Adam Story to form an Ad Hoc Committee to review the bill further. The motion carried.

9. Subject for future agenda items – items for future discussion include updating the Health and Wellness Committee webpage to include new resources, developing recommendations for the 2025 Injury report, and creating a standing agenda item to track upcoming conferences and education opportunities.

10. Schedule future meeting dates – the following meeting dates were set for 2025 and 2026: December 3, 2025 (Ad Hoc Committee will continue discussion on HB 198); January 8, 2026; April 9, 2026; July 9, 2026; October 8, 2026.

11. Adjourn Meeting - a motion was made by Chris Kahl and seconded by Homer Salinas to adjourn the meeting. The motion carried.